

THE ADDICT 1
A 90-second monologue
By JANE CAFARELLA

Comedy

CLARA calls a support group about her son's addiction

(Nervous)

Hello?

Yes, I'm looking for some advice.

About my son.

(Overcome.)

Sorry...I've just really struggled to make this call.

I know...everyone says the first step is to "admit the problem".

But people can be so...judgemental.

Beat.

I guess you could call it a drinking problem.

Three years.

Mostly at night.

I tried. He refused!

He won't talk about it.

He was sick all last winter, which didn't help. The timing was wrong.

Then last month, the doctor referred us to one of those special hospitals, where you go cold turkey.

He was okay during the day but the nights were dreadful.

He was screaming and crying. All night!

I thought he was going to have a fit.

I'm exhausted.

I'm not sleeping.

It's ruining my life.

A friend suggested I join a support group...to talk to families in the same situation.

I feel so guilty!

I don't want to punish him, but I want my life back.

Beat.

How old was your child when you weaned?

164 words

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